The night I was arrested was my wake-up call. I got involved with drugs and I lost my confidence and struggled at home. I had no purpose in life. I was given a second chance by the youth support team. They helped me move past my challenges and work with me on a plan for a better future. They got me back into college get a good job and started boxing again, which I love. We also worked on my anxiety and how to manage it. They really helped me believe in myself again. I don't know where I'd be without everyone who helped me.